

## **St. Mary's & St. Benedict's Curriculum Intent and Aims**

At St. Mary's and St. Benedict's we aim for our curriculum to inspire pupils to be life-long learners with a sense of service to the world that they live in and the people that live in it with them.

We believe our pupils will be life-long learners if they are able to be confident, independent, curious, open-minded, enthusiastic, observant, co-operative and resilient individuals.

In order to develop these qualities within our pupils we intend for our curriculum to provide opportunities for children to:

- Be curious and ask questions
- Evaluate and reflect
- Work collaboratively
- Apply their learning
- Solve problems whilst developing resilience
- Communicate their learning
- Challenge ideas

Overleaf is set out the Intent, Implementation and Impact for PE.

In PE we develop the qualities listed overleaf in our whole school intent and aims in the following way:

### **Intent**

Physical Education contributes to the overall education of all children by helping them to lead full and valuable lives through engaging in purposeful and high-quality activity. It promotes active and healthy lifestyles, physical skills, physical development and knowledge of the body in action. PE enables children to learn confidence, perseverance, team spirit, positive competitiveness and organisation. Children must engage in a programme of PE that encourages fitness and improves their strength. PE is an integral part of school practices allowing all children in the school to gain a sense of achievement and develop positive attitudes towards themselves and others. At St Mary's and St Benedict's we seek to provide a high-quality PE curriculum for all pupils which aims to fulfil the requirements of the National Curriculum which challenges, engages and excites staff and pupils alike. We see Physical Education as a vital part of the education experience as a whole. Our values are embedded within the delivery of PE lessons and in being physically active as a way of life; the opportunities for our pupils at St Mary's and St Benedict's promote a positive attitude towards healthy and active lifestyles. Healthy competition in and out of school is encouraged as well as highlighting the importance of team building and forging social bonds. We strive to include all children of differing abilities in PE and provision is made for SEND children in the school.

### **Implementation-**

We follow the Lancashire Scheme of Work units for PE and supplement teaching with outside specialist coaches including Pro Skills Sports Development and South Ribble Borough Council through the use of our allocated PE and Sport premium funding. The Lancashire Scheme of Work has been adapted in light of our school structure and fully meets the needs of our pupils. Learning has been carefully considered, mapped out and sequenced through each Key Stage in order to ensure coverage of skills and clear progression. We recognise that PE teaching may need repetition and development; therefore Fundamental Skills are repeated through year groups. This enables children to develop and reinforce their understanding of Physical Education in order to improve. We have a two year rolling programme of work for our classes to ensure a full range of skills are covered and there is an opportunity for progression across the curriculum. Children in Year 4 also take part in a block of swimming lessons at Bamber Bridge Leisure Centre, as do Year 6 children as part of our Covid Catch-up plan. Throughout Physical Education lessons, pupils will learn key skills and life lessons. These include resilience, sportsmanship, learning to lose and perseverance. In Key Stage 2 we introduce competitive games and activities to help build self-esteem. Children will learn what it is like to be part of a team, how to work together and how to win/lose in the correct manner. All pupils are taught fundamental skills such as throwing, catching, balance, co-ordination and jumping in each topic and are then linked to a sport. They have opportunities to develop their knowledge and understanding on the rules and tactics involved in each game. Physical activities include dance, games, gymnastics swimming and water safety, athletics and outdoor adventure activities. Leading an active and healthy lifestyle is at the heart of our Physical Education teaching and learning, and this is promoted throughout school in various cross curricular links. For example, in Food Technology in our Design Technology curriculum, in our PSHE curriculum and as well as in our Science curriculum. We also encourage all children to participate in physical activity across the school day which includes using the 'Mile a day' track on the school field.

### **Impact**

Our PE Curriculum is high quality, well thought out and is planned to demonstrate progression. We aspire for all our children to be engaged, motivated and happy when it comes to Physical Education. We aim for all our children to have secured age-related skills and knowledge before they leave our school. This equips them with the ability to successfully prepare for a healthy and physical life ahead in which they can make informed choices about physical activity. In addition to this we strive for our children to be knowledgeable about healthy competition, team building and resilience in the wider world. The impact of our Physical Education curriculum can be measured and monitored in a variety of different ways including; learning walks, photographs, observations, tracking and pupil interviews. It is the responsibility of the subject leader to triangulate this evidence to ensure consistency across the whole school. In addition, we are beginning to implement the PE passport APP onto iPads which will allow teachers to assess children individually and track their progress across the school. Once set up, a child's passport will follow their journey through the school enabling teachers to plan using these, focusing on particular areas of weakness for their cohort. Teachers are able to refer to the Physical Education progression of skills document (Year 1 to Year 6) and EYFS Early Learning Goals when making judgements. This document breaks down the National Curriculum objective statements and supports teachers when assessing pupil progress. Using AfL we monitor and assess children's learning throughout each PE lesson. All assessment data is used to inform future curriculum planning, outlining how support/challenge can be provided to meet the needs of all our pupils. Throughout PE lessons children are actively involved in their target making and progress, teachers provide 'in-the-moment' feedback and support. Video analysis through recordings of performance in lessons may also be used.