



PSHE Programme of Study – TenTen & My Happy Mind

Cycle A

	Year 1	Year 1/2	Year 2	Year 3	Year 3/4	Year 4	Year 5	Year 5/6	Year 6
Autumn 1	My Happy Mind – Module 1 Year 1	My Happy Mind – Module 1 Year 1	My Happy Mind – Module 1 Year 1	My Happy Mind – Module 1 Year 3	My Happy Mind – Module 1 Year 3	My Happy Mind – Module 1 Year 3	My Happy Mind – Module 1 Year 5	My Happy Mind – Module 1 Year 5	My Happy Mind – Module 1 Year 5
Autumn 2	My Happy Mind – Module 2 Year 1	My Happy Mind – Module 2 Year 1	My Happy Mind – Module 2 Year 1	My Happy Mind – Module 2 Year 3	My Happy Mind – Module 2 Year 3	My Happy Mind – Module 2 Year 3	My Happy Mind – Module 2 Year 5	My Happy Mind – Module 2 Year 5	My Happy Mind – Module 2 Year 5
Spring 1	My Happy Mind – Module 3 Year 1	My Happy Mind – Module 3 Year 1	My Happy Mind – Module 3 Year 1	My Happy Mind – Module 3 Year 3	My Happy Mind – Module 3 Year 3	My Happy Mind – Module 3 Year 3	My Happy Mind – Module 3 Year 5	My Happy Mind – Module 3 Year 5	My Happy Mind – Module 3 Year 5
Spring 2	My Happy Mind – Module 4 Year 1	My Happy Mind – Module 4 Year 1	My Happy Mind – Module 4 Year	My Happy Mind – Module 4 Year 3	My Happy Mind – Module 4 Year 3	My Happy Mind – Module 4 Year 3	My Happy Mind – Module 4 Year 5	My Happy Mind – Module 4 Year 5	My Happy Mind – Module 4 Year 5
Summer 1	My Happy Mind – Module 5 Year 1	My Happy Mind – Module 5 Year 1	My Happy Mind – Module 5 Year 1	My Happy Mind – Module 5 Year 3	My Happy Mind – Module 5 Year 3	My Happy Mind – Module 5 Year 3	My Happy Mind – Module 5 Year 5	My Happy Mind – Module 5 Year 5	My Happy Mind – Module 5 Year 5
Summer 2	Ten:Ten Unit 2 – session 2&3	Ten:Ten Unit 2 – session 2&3	Ten:Ten Unit 2 – session 2&3	Ten:Ten Unit 2 – session 3/4/5	Ten:Ten Unit 2 – session 3/4/5	Ten:Ten Unit 2 – session 3/4/5	Ten:Ten Unit 2 – session 2/3/4	Ten:Ten Unit 2 – session 2/3/4	Ten:Ten Unit 4 – session 1/2/3/4



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Cycle B

	Year 1	Year 1/2	Year 2	Year 3	Year 3/4	Year 4	Year 5	Year 5/6	Year 6
Autumn 1	My Happy Mind – Module 1 Year 2	My Happy Mind – Module 1 Year 2	My Happy Mind – Module 1 Year 2	My Happy Mind – Module 1 Year 4	My Happy Mind – Module 1 Year 4	My Happy Mind – Module 1 Year 4	My Happy Mind – Module 1 Year 6	My Happy Mind – Module 1 Year 6	My Happy Mind – Module 1 Year 6
Autumn 2	My Happy Mind – Module 2 Year 2	My Happy Mind – Module 2 Year 2	My Happy Mind – Module 2 Year 2	My Happy Mind – Module 2 Year	My Happy Mind – Module 2 Year 4	My Happy Mind – Module 2 Year 4	My Happy Mind – Module 2 Year 6	My Happy Mind – Module 2 Year 6	My Happy Mind – Module 2 Year 6
Spring 1	My Happy Mind – Module 3 Year 2	My Happy Mind – Module 3 Year 2	My Happy Mind – Module 3 Year 2	My Happy Mind – Module 3 Year 4	My Happy Mind – Module 3 Year 4	My Happy Mind – Module 3 Year 4	My Happy Mind – Module 3 Year 6	My Happy Mind – Module 3 Year 6	My Happy Mind – Module 3 Year 6
Spring 2	My Happy Mind – Module 4 Year 2	My Happy Mind – Module 4 Year 2	My Happy Mind – Module 4 Year 2	My Happy Mind – Module 4 Year 4	My Happy Mind – Module 4 Year 4	My Happy Mind – Module 4 Year 4	My Happy Mind – Module 4 Year 6	My Happy Mind – Module 4 Year 6	My Happy Mind – Module 4 Year 6
Summer 1	My Happy Mind – Module 5 Year 2	My Happy Mind – Module 5 Year 2	My Happy Mind – Module 5 Year 2	My Happy Mind – Module 5 Year 4	My Happy Mind – Module 5 Year 4	My Happy Mind – Module 5 Year 4	My Happy Mind – Module 5 Year 6	My Happy Mind – Module 5 Year 6	My Happy Mind – Module 5 Year 6
Summer 2	Ten:Ten Unit 2 – session 2&3	Ten:Ten Unit 4 – session 1&2	Ten:Ten Unit 4 – session 1&2	Ten:Ten Unit 2 – session 3/4/5	Ten:Ten Unit 4 – session 1/2	Ten:Ten Unit 4 – session 1/2	Ten:Ten Unit 2 – session 2/3/4	Ten:Ten Unit 4 – session 1/2/3/4	Ten:Ten Unit 4 – session 1/2/3/4

Other Areas:

In summer term 2 we will be having 2 theme weeks to cover other PSHE objectives that aren't covered within the my happy mind and ten:ten scheme of work. These will consist of:

- **Career aspirations Week** – We will contact a number of businesses and parents/carers to come and showcase their job and skills to the children in a variety of ways; stalls in the hall, class visitors and group sessions.
- **Entrepreneur Week** - After SATS the year 6 children will be involved in planning, preparing and carrying out a summer fair in the school hall one night straight after school.



St Mary's
& St Benedict's
RC Primary School