

**Key Vocabulary that
will be used
throughout the topic:**

Unique
Special
Different
Feelings
Emotions
Happy
Sad
Angry
Colours
Confused
Scared
Family
Mum
Dad
Brother
Sister
Grandparents
Seasons
Autumn
Leaves

Barlow Class Autumn 1 2025 Me & My World! Talking Mat

**The big question:
Who am I?**

How to use this talking mat at home:

For each topic we cover in EYFS we will be sending a copy of this talking mat home. There will also be a copy on Seesaw and the school website for you to access.

As the children will be learning lots of new words we have decided to send home a vocabulary list of words that we will be teaching for you too to use at home.

In addition we have added key talking points for you to consider sharing with your child to be used as a discussion and to aid with the understanding. You may to support your child with key speaking skills-speaking in full sentences, adding in detail and speaking clearly.

**Can you help your
child to answer:**

- What is my name? (C&L - Understanding)
- How old am I? (C&L - Understanding)
- Who is my teacher? (C&L - Understanding)
- Who helps me in school? (C&L - Understanding)
- Who is in my family? (PSED - Making Relationships)
- What makes me unique? (PSED - Managing Self)
- What happens during Autumn? (UTW - The Natural World)

Talking points at home:

- Identifying different feelings and when they might be felt.
- Discuss how everyone is unique.
- Explore outside and discuss the signs of autumn.