

PSHE Programme of Study – TenTen & My Happy Mind

Cycle B

Cycle B	EYFS	KS1	LKS2	Southworth	Ward	Woodcock
Autumn 1 – 7 weeks World Mental Health Day	MHM – Module 1 Reception Meet your brain - 3 lessons Ten:Ten Module 1	MHM – Module 1 Year 2 Meet your brain - 5 lessons CORAM Session 1	MHM – Module 1 Year 4 Meet your brain - 5 lessons CORAM Session 1 (Y3)	MHM – Module 1 Year 5/6 Meet your brain - 5 lessons CORAM Session 1	MHM – Module 1 Year 6 Meet your brain - 3 lessons CORAM Session 1	MHM – Module 1 Year 6 transition Meet your brain - 3 lessons CORAM Session 1
Autumn 2 – 6 weeks Anti-Bullying week and Kindness Day	MHM – Module 2 Reception Celebrate - 3 lessons Ten:Ten Module 1	MHM – Module 2 Year 2 Celebrate - 4 lessons	MHM – Module 2 Year 4 Celebrate - 4 lessons	MHM – Module 2 Year 5/6 Celebrate - 5 lessons	MHM – Module 2 Year 6 Celebrate - 2 lessons	MHM – Module 2 Year 6 transition Celebrate - 3 lessons
Spring 1 – 5 weeks Children's Mental Health Week and SID	MHM – Module 3 Reception Appreciate - 3 lessons Ten:Ten Module 2	MHM – Module 3 Year 2 Appreciate - 3 lessons	MHM – Module 3 Year 4 Appreciate - 4 lessons	MHM – Module 3 Year 5/6 Appreciate - 4 lessons	MHM – Module 3 Year 6 Appreciate - 2 lessons	MHM – Module 3 Year 6 transition Appreciate - 2 lessons
Spring 2 – 6 weeks	MHM – Module 4 Reception Relate - 3 lessons Ten:Ten Module 2	MHM – Module 4 Year 2 Relate - 4 lessons	MHM – Module 4 Year 4 Relate - 4 lessons	MHM – Module 4 Year 5/6 Relate - 4 lessons	MHM – Module 4 Year 6 Relate - 2 lessons	MHM – Module 4 Year 6 transition Relate - 2 lessons
Summer 1 – 5 weeks	MHM – Module 5 Reception Engage - 3 lessons Ten:Ten Module 3	MHM – Module 5 Year 2 Engage - 4 lessons CORAM Session 2	MHM – Module 5 Year 4 Engage - 4 lessons CORAM Session 2 CORAM Session 3 (Y4)	MHM – Module 5 Year 5/6 Engage - 4 lessons CORAM Session 2	MHM – Module 5 Year 6 Engage - 2 lessons CORAM Session 2	MHM – Module 5 Year 6 transition Engage - 2 lessons CORAM Session 2
Summer 2 – 6 weeks	Ten:Ten Module 3	Ten:Ten Module 1 – Unit 4 (S1) Module 2 – Unit 3 (S1) Module 2 – Unit 4 (S2)	Ten:Ten Module 1 – Unit 2 (S4) Module 2 – Unit 3 (S1) Module 2 – Unit 4 (S2)	Ten:Ten Module 1 – Unit 2 (S4) Module 1 – Unit 4 (S3) Module 2 – Unit 3 (S2)	Ten:Ten Module 1 – Unit 2 (S4) Module 1 – Unit 4 (S3) Module 2 – Unit 3 (S2)	Ten:Ten Module 1 – Unit 2 (S4) Module 1 – Unit 4 (S3) Module 2 – Unit 3 (S2)